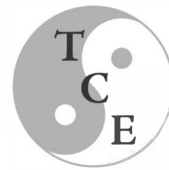




CERTIFICATE



TAI CHI EXERCISES

The first two moves of the Tai Chi 37-move Short Form

Name:

Completed on:

YouTube tutor

Rosalind Smith MCSP

Signature: *RJSmith*